

Aspire

MASTERCLASS

14th ASPIRE Masterclass

Fertility Sparing Management for Adenomyosis

📍 Sheraton Petaling Jaya, Kuala Lumpur, Malaysia

📅 23 - 24 January 2026



WELCOME MESSAGE

Dear Colleagues and Friends,

Selamat Datang—welcome to vibrant Kuala Lumpur! As the local organising chair, it is my great pleasure to invite you to the 14th ASPIRE Masterclass: Fertility Sparing Management for Adenomyosis taking place on 23–24 January 2026 at the Sheraton Kuala Lumpur.

Across two focused days, our international faculty will guide you from pathophysiology to precision therapy for adenomyosis. Morning plenaries will distil the latest evidence on advanced imaging, medical optimisation, and reproductive outcomes, setting the stage for lively, casebased dialogues. The programme's centrepiece is a hands-on microwave-ablation workshop with real-time ultrasound guidance, complemented by sessions on high-intensity focused ultrasound (HIFU), uterine artery embolisation (UAE), and emerging endoscopic techniques—each designed to preserve uterine integrity while maximising symptom relief and fertility potential.

Networking is woven throughout the agenda. Engage with peers during problem solving breakouts, exchange clinical pearls. Whether you are refining surgical skills, optimising reproductive planning, or shaping future guidelines, your insights will enrich the dialogue and catalyse collaborations across the Asia-Pacific region.

We look forward to welcoming you, learning from your expertise, and sharing the warmth of Malaysian hospitality. Together, let us advance care for women living with adenomyosis and empower their journey toward healthy, fulfilled lives.

Safe travels, and see you soon in Kuala Lumpur!

Local Organising Chair, 14th ASPIRE Masterclass



Professor Mukhri Hamdan

As Chairman of the Special Interest Group on Endometriosis under the Asia Pacific Initiative on Reproduction (ASPIRE), I am honored to invite healthcare providers, clinicians, and researchers across Asia to join us for the upcoming masterclass on Adenomyosis.

We hope this focused gathering will bring together regional experts and thought leaders to collaborate on solutions that address the barriers to health, well-being, and fertility faced by women with adenomyosis. The programme aims to provide participants with a comprehensive review of current knowledge and research on this complex condition, along with practical skills training through workshops on diagnostic and management modalities.

Our goal is to equip professionals with deeper understanding and foster interdisciplinary care, ultimately improving outcomes for women living with this challenging disease across the region.



Professor Angela G. Sison-Aguilar

ASPIRE Endometriosis SIG Chairperson

PROGRAMME



FRI, 23 JAN 2026

Scientific Foundations and Clinical Indications		
0830 - 0845	Welcome Address & Course Objectives	Mukhri Hamdan (Malaysia)
0845 - 0910	Understanding Adenomyosis: Imaging, Classification & Clinical Impact	Angela Aguilar (Philippines)
0910 - 0935	Ablation Technologies in Adenomyosis: Overview & Comparison (Microwave vs HIFU vs RFA)	Tan Ee Ping (Malaysia)
0935 - 1000	Microwave Ablation: Physics, Protocols, and Precision Targeting	Mukhri Hamdan (Malaysia)
1000 - 1015	Q&A Panel	All Panellists
1015 - 1045	Coffee break	
Indications, Outcomes, and Fertility Considerations		
1045 - 1110	Patient Selection: Fertility-Sparing vs Definitive Treatment Goals	Yasushi Hirota (Japan)
1110 - 1135	Medical Management of Adenomyosis: A Valid Option	Rashida Begum (Bangladesh)
1135 - 1200	Pre-Procedural Imaging Protocols: Role of 3D TVUS & MRI	BJ Abdullah (Malaysia)
1200 - 1225	Managing Adenomyosis in Infertility – IVF or Surgery?	Chii-Ruey Tzeng (Taiwan)
1225 - 1240	Q&A Panel	All Panellists
1240 - 1340	Lunch	

PROGRAMME



FRI, 23 JAN 2026

Fertility Sparing Outcomes		
1340 - 1405	Concept of Uterine-Sparing Interventions: Where Are We Now?	Yasushi Hirota (Japan)
1405 - 1430	High-Intensity Focused Ultrasound (HIFU): Evidence in Reproductive-Age Women	Sevellaraja Supermaniam (Malaysia)
1430 - 1455	Uterine Artery Embolization (UAE): Fertility Outcomes and Risks	Anushya Vijayanathan (Malaysia)
1455 - 1520	Microwave Ablation vs HIFU vs UAE – Comparative Evidence	Angela Aguilar (Philippines)
1520 - 1545	Surgical Options for Adenomyosis/Adenomyoma: Technique and Outcomes	Chih-Feng Yen (Taiwan)
1545 - 1600	Q&A Panel	All Panellists
1600 - 1630	Coffee break	
Post-Procedural Care and Monitoring		
1630 - 1655	Post-Procedural Imaging and Monitoring: When is Enough, Enough?	Chih-Feng Yen (Taiwan)
1655 - 1720	Post-Procedural Pregnancy Management and ART Planning	Chii-Ruey Tzeng (Taiwan)
1720 - 1745	Long-Term Outcome Surveillance and Reintervention: myomectomy, MWA and UAE	Rashida Begum (Bangladesh)
1745 - 1800	Q&A Panel	All Panellists

PROGRAMME



SAT, 24 JAN 2026

Hands-On Training Workshop – MWA Simulation Lab		Moderators
0830 - 1045	Live Demonstration (Microwave Ablation for Adenomyosis with Ultrasound Guidance)	Tan Ee Ping (Malaysia) Mukhri Hamdan (Malaysia)
	Live Demonstration (Robotic Adeno-myomectomy)	Sharifah Halimah (Malaysia) Chih-Feng Yen (Taiwan)
1045 - 1100	Coffee break (Ongoing)	
Hands-On Stations (Rotating Groups)		
1045 - 1535	Station A - Microwave Generator Calibration & Probe Handling + Ultrasound-Guided Targeting of Adenomyotic Foci (Model)	
1245 - 1335 Lunch	Station B - Simulation of Ablation Procedure (Ex vivo tissue model or VR setup)	
	Station C - Adenomyomectomy (uterus model) Securing Myomectomy	
1500 - 1515	Coffee break (Ongoing)	
1515 - 1605	Final Panel Discussion and Course Feedback	



SPEAKERS



Professor Angela Aguilar

Professor, University of the Philippines College of Medicine



Professor Anushya Vijayanathan

Professor, Department of Biomedical Imaging, University of Malaya



Professor Basri Johan Jeet Abdullah

Head of Radiology and Nuclear Medicine, Hospital Picaso



Professor Chih-Feng Yen

Professor and Chair, Department of Obstetrics and Gynecology, Linkou Chang Gung Memorial Hospital



Professor Chii-Ruey Tzeng

Founder & Vice President, AMRAS (Advanced MIS, Robotic and Ablation Society of Gynaecologists Malaysia)



Dr Debbie Teh

Consultant Gynaecologist, Hospital Picaso



Professor Mukhri Hamdan

Head and Consultant, Department of Obstetrics & Gynaecology, University Malaya Medical Centre



Professor Rashida Begum

Founder and Chief Consultant, Infertility Care and Research Center



Dr Sevellaraja Supermaniam

Consultant Obstetrician and Gynaecologist, Mahkota Medical Centre



Dr Sharifah Halimah

Co-founder & President, AMRAS (Advanced MIS, Robotic and Ablation Society of Gynaecologists Malaysia)



Dr Sundar Gugan

Consultant Obstetrician and Gynaecologist, Sri Kota Specialist Medical Centre



Dr Tan Ee Ping

Founder & Vice President, AMRAS (Advanced MIS, Robotic and Ablation Society of Gynaecologists Malaysia)



Professor Yasushi Hirota

Professor and Chair, Department of Obstetrics and Gynecology, The University of Tokyo

REGISTRATION



Take this opportunity to deepen your knowledge, gain practical insights, and connect with leading experts in the field.

Join us in this enriching learning experience. We look forward to welcoming you to the masterclass! Scan the QR code below to secure your place today.

REGISTRATION CATEGORY	REGISTRATION FEE		
	ASPIRE Member		Non-ASPIRE Member
FULL Masterclass (lectures + hands-on workshop)	USD 600	Trainee/Student	USD 720
		USD 300	
HALF Masterclass (lectures only)	USD 400	USD 200	USD 480



FULL Masterclass has limited seats available and registration will close once it has reached full capacity.

*Registration fees are inclusive of course materials and meals during the course.

**If you selected "Trainee/Student – ASPIRE Member," please also indicate your ASPIRE Membership ID for verification. Your membership must be under the Resident or Full-Time Student category to be eligible for this rate.

Cancellation Policy

Refund of the registration fee will be as follows:

- On or Prior to 10th November 2025 – 50% refund of total registration fee
- After 10th November 2025 – no refund of total registration fees

Note: In case of cancellation at any stage, an administration fee of USD 35 will not be refunded.

Contact Us

For enquiries, please contact the Secretariat at ccchen@aspire-reproduction.org

